

# S.O.A.R COMMONS

Student Opportunities &  
Academic Resources



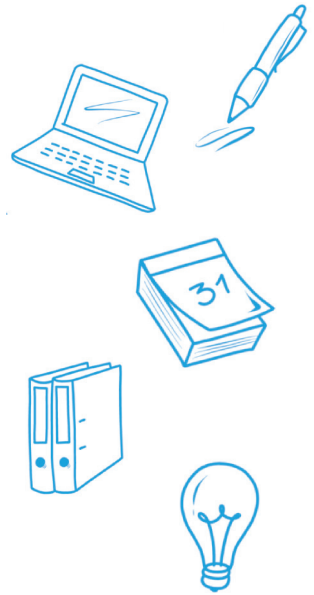
**2nd Floor**  
**CAD Building**

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As community members, we have found this library to be a true asset during this time period. I believe the library at CVCC can and should be an ongoing asset for the surrounding community. More people should know about it and how to access its resources.

Joe Johnson  
Community Patron





# WELCOME TO S.O.A.R. COMMONS

• **Welcome to the space designed for you.**

• Established with the CVCC community in mind, S.O.A.R. Commons (Student Opportunities and Academic Resources) is a landing ground for students, staff, and visitors who wish to receive personal assistance in reaching their educational goals. S.O.A.R. Commons is a one-of-a-kind space where several professional resources can be accessed in one location.

• Our Library is just the beginning. We also have private study zones, Writing and Tutoring Centers, the Hawk's Nest (free snacks), Campus Accommodations, Educational Technology, and much more.

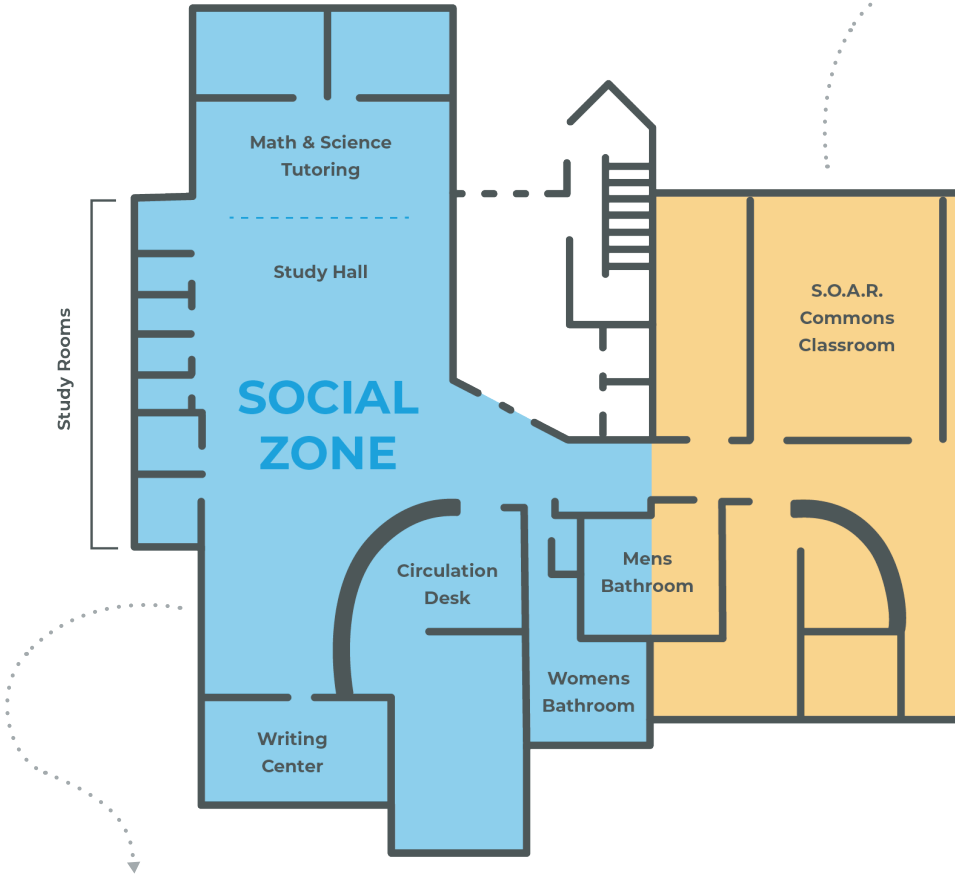
• Whether you seek assistance from one of our many campus services or plan to hang out and meet new friends, S.O.A.R. Commons is open and ready for you!

• Come stop by and explore a new approach to academic excellence.

# KNOW YOUR ZONES

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Zones are designated by varied levels of volume, so students can choose where they feel motivated to get their work done. Relax and talk with friends in the Social Zone, prepare for that upcoming test in the Study Zone, or get in full focus mode at the Silent Zone, where no talking is allowed.



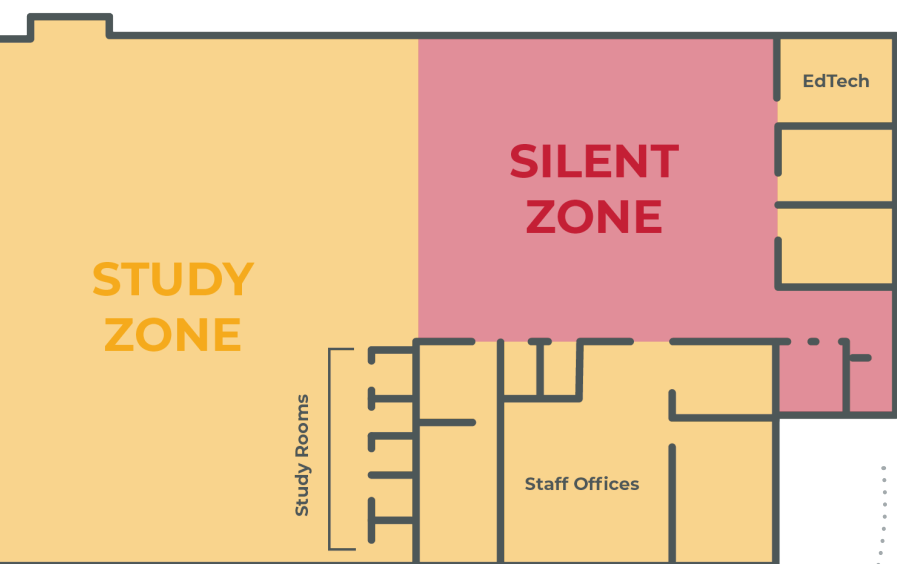
The **SOCIAL ZONE** is ideal for students who wish to work together.

- Active learning and group work are allowed
- Conversation at low levels is allowed
- Personal music is allowed, but should not be audible to others
- Mobile phones must be on silent; low conversations are permitted



▶ The **STUDY ZONE** is ideal for students who prefer minimal disturbance.

- Occasional quiet discussion
- Whispered conversation
- Personal music is allowed, but should not be audible to others
- Mobile phones must be on silent; texting is permitted



▶ The **SILENT ZONE** is ideal for students who prefer minimal disturbance.

- Strictly for silent study
- Conversation not permitted
- Personal music is allowed, but should not be audible to others
- Mobile phones must be on silent; texting is permitted



## LEARNING ASSISTANCE CENTER

The Learning Assistance Center (LAC) encompasses our Tutoring Center, Writing Center, Faculty Enhanced Tutoring, and additional learning platforms.

**THE TUTORING CENTER** provides online or in-person assistance with Math, Biology, or Chemistry courses. While we cannot offer direct answers to homework, we are happy to discuss academic concepts, subject organization, and to help close gaps in understanding. Tutoring services are free-of-charge to CVCC curriculum students, and you may drop-in with no appointment needed. Any student, regardless of class average or program of study, may seek assistance during posted hours.

**953**  
**VISITS**



FOR SCIENCE, MATH  
& ALLIED HEALTH  
IN 2022



**THE WRITING CENTER** (Located in CAD 234) assists students with sentence structure, paragraph development, grammatical issues, and other writing across curriculum. Writing services are free-of-charge to CVCC curriculum students, and you may drop-in with no appointment needed. You may also schedule virtual Writing Center sessions via WebEx (see schedules) or by submitting papers through E-Help.

**OVER 1400 VISITS IN 2022**



Our additional platform, ThinkingStorm, provides tutoring related to Physics, Business, Nursing, Study Skills, and more. ELL and Spanish language help is also available through this platform.

The LAC is excited to offer Faculty Enhanced Tutoring, where our faculty hold study sessions and provide one-on-one help for students. LAC staff will also offer study skills sessions to help students learn and refresh topics such as note-taking, metacognition, organization, time management. Students can also benefit from light technical support on navigating Blackboard and the CVCC Student Portal.



## CVCC LIBRARY

**THE CVCC LIBRARY** contains an impressive 23,000 print books, periodicals, and DVDs which are all available to check-out on site. With a CVCC Library card, you can also access over ninety databases which include almost 300,000 eBooks, 27,000 full-text journals, or 1,500 audiobooks.

The Library is the place for completing research assignments, finding printing or photocopying help, using in-library computers and accessing free campus WiFi.

For college Faculty and Staff, the Library also offers instructional videos which can be embedded in Blackboard courses, one-on-one and classroom instruction pertaining to information literacy, additional library resources, and the library's special collections.

OVER **23,000**   
**PRINT BOOKS**

**300,000**   
**E-BOOKS**

**200**   
**LIBGUIDES**





## ACADEMIC SUCCESS

In an effort to maintain the educational standards of statewide initiatives, **ACADEMIC SUCCESS COURSES** are required for each student entering their first semester at CVCC so that they can build a foundation for their entire college career.

**ACA 111** – Study Skills

**ACA 122** – College Transfer Success

**CO-REQUISITE CLASSES** – classes designed to support students as they work in their first-year English and Math course.

We are proud to offer every ACA class as a four-week hybrid course for new CVCC students. Through these initial courses, we hope students gain valuable study skills and feel prepared to navigate both the easy and the challenging times of their first semester.

# DISABILITY SERVICES

CVCC is committed to accommodating all students on our campus, so they can feel safe as they pursue their academic goals. Services offered to students include reasonable accommodations such as extended time taking tests or enhanced notetaking assistance. The college continues to find new technologies and special interests groups which enhance our abilities to provide the most up-to-date, secure, and accessible resources.

Students with disabilities (as defined in the Americans with Disabilities Act of 1990 and the Amendments Act of 2008) who wish to make a request for reasonable accommodation or who wish to file a complaint of alleged discrimination on the basis of disability should contact Kim Settlemyre, Counselor for Students with Disabilities and Special Programs, at [ksettlemyre411@cvcc.edu](mailto:ksettlemyre411@cvcc.edu).





## EMOTIONAL & MENTAL HEALTH COUNSELING

CVCC proudly partners with Kintegra Health to provide therapy services directly on campus. Jennifer Drum, LCMHC is the School Behaviorist who provides professional counseling to CVCC students and supports them in both their emotional and academic needs. She also supervised a counseling student intern, who offers additional counseling support to our campus.

Students may meet with a counselor virtually or in-person. All sessions are confidential and secure, just as in a regular therapy setting. Our behaviorist follows all HIPPA and FERPA standards. Interested participants may also take advantage of the various workshops and information seminars held each semester. These sessions will discuss topics related to emotional well-being, stress management, and brain health.



**CATAWBA VALLEY**  
COMMUNITY COLLEGE  
**S.O.A.R. COMMONS**

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